

2nd Mediterranean & 26th National

Congress of Internal Medicine

Taj Sultan | Golden Tulip Hotel,

Hammamet, TUNISIA

May 30th – June 1st 2024



Thursday, May 30th, 2024

Session 1

8:30 am–9:00 am Opening and Registration

9:00 am –11:00 am Workshops

Chairpersons :

I. Boukhris, M. Bourri

J. Anoun, N. Slimani

9:00 am–10:00 am

Workshop 1

Room: El Bey 1

Obesity: Which diet for which profile?

Amar Tebaibia

Algeria

Workshop 2

Room: El Bey 2

Diagnostic and follow-up criteria for giant cell arteritis

Neirouz Ghannouchi & Salem

Brahem

Tunisia

10:00 am–11:00 am

Workshop 3

Room: El Bey 1

Digital ulcerations: Management challenge

Luc Mouthon

France

Workshop 4

Room: El Bey 2

Oral lesions: Management challenge

Kamel Bouzlama

Tunisia

11:00 am–11:30 am

Coffee break & Exhibition booth visit & Young Internists Corner

11:30 am–1:00 pm

Lectures

Large vessel vasculitis

Chairpersons :

M. Smiti, R. Malek, L. Mouthon, T. Murr

• **Giant cell arteritis and new therapeutic approaches**

Farouk Benmediouni – Algeria

• **Giant cell arteritis or atherosclerosis: A diagnosis challenge!**

Mohammed Ghnaimat – Jordan

• **Hypertension in Takayasu's disease: From diagnosis to treatment.**

Syrine Bellakhal – Tunisia

1:00 pm – 1:45 pm

Satellite Symposium: Novonordisk

Chairpersons :

K. Ben Abdelghani, F. Daoud

• **Insulin degludec/aspart: a new approach for the management of diabetes**

Imen Ksontini – Tunisia

1:45 pm–2:30 pm

Lunch Box

Thursday, May 30th, 2024

Session 2

2:30 pm–3:15 pm

Oral communications

Chairpersons :

Room: El Bey 1
R. Amri, B. Arfaoui
OC1 – OC5

Room: El Bey 2
S. Sayhi, MS. Hamdi
OC6 – OC10

3:15 pm–5:15 pm

Lectures

Diabetes and Hypertension in the Mediterranean Region

Chairpersons :

L. Ben Hassine, G. Hatami, M. Ahmed Amin, M. Ghnaimat, AF Bendaoud

• **Type 2 Diabetes: Patient centred approach**

Rachid Malek

Algeria

• **Type 2 diabetes in the Mediterranean region: Are we equivalent?**

Melek Kechida & Syrine Daada

Tunisia

• **Hypertension in the Mediterranean region**

Tolga Yildirim

Turkey

• **Hypertension: Screening and monitoring for target organ damage**

Mona Ahmed Amin

Egypt

• **Impact of the Mediterranean diet on atherosclerosis**

Elissar Dagher Nohra

Lebanon

5:15 pm–5:45 pm

Coffee break & Exhibition booth visit

5:45 pm – 6:30 pm

Satellite Symposium: Sanofi

Chairpersons :

M. Kechida, A. Kefi

• **Insulin Glargin U300 : Benefits of a new basal insulin in the management of Diabetes**

Faida Ajili – Tunisia

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Session 3

9:00 am–10:00 am Workshops

Chairpersons :

T. Larbi , F. Benmadiouni

F. Frikha, R. Hadjiat

Workshop 5

Room: El Bey 1

**Facial involvement in
scleroderma: How to improve
appearance?**

Luc Mouthon
France

Workshop 6

Room: El Bey 2

**Imaging and diagnostic
approach to cerebral vasculitis**

Insaf Dhkil & Zeineb Meddeb
Tunisia

10:00 am–10:30 am Coffee break & Exhibition booth visit & Young Internists Corner

10:30 am–12:00 pm Lectures
Behçet's disease

Chairpersons :

N. Khalfallah, E. Cherif, E. Bizzi, C. Comarmond-Ortoli

- **Current concepts in neuro-Behçet**

Gülen Hatemi
Turkey

- **Vascular Behçet's disease : Pros and Cons of anticoagulation**

Ines Naceur & Zeineb Teyeb
Tunisia

- **Management of ocular manifestations in Behçet's disease**

Olfa Fekih
Tunisia

12:00 pm – 12:45 pm Satellite Symposium : Opalia Ricordati

Chairpersons :

F. Said , I. Boukhris

- **Birth of a paradigm: Empagliflozine !**

Kamel Bouzlama – Tunisia

12:45 pm–2:00 pm Lunch Box

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Session 4

2:15 pm–3:45 pm

Parallel Session : Latest News

Room: Khalifa

Chairpersons : N. Abdelhafidh, N. Ghannouchi, T.Yaldimir, L. Makhlouf

- **The new classification of inflammatory myopathies: State of the art**

Thara Larbi – Tunisia

- **Role of JAK Inhibitors in Internal Medicine: Where do we stand ?**

Nour El Houda Gueddiche – Tunisia

- **Targeting inflammation in hypertension**

Tayssir Ben Achour – Tunisia

- **Corticosteroid-induced osteoporosis: Beyond initial treatment**

Mehdi Somai – Tunisia

- **Immune Thrombocytopenia: What's new in 2024**

Farhat Chelbi – Tunisia

Room: Emir

Chairpersons : N. Khammassi, F. Ajili, R. Amri, D. Tagzout

- **2019 EULAR classification criteria of systemic lupus erythematosus: What is new ?**

Ines Kechaou – Tunisia

- **Anti-TNF: The Yin and Yang, finding the right balance!**

Samar Derbal – Tunisia

- **Fecal Calprotectin and enteric Behçet's Disease: A novel activity marker**

Asma Kefi – Tunisia

- **Peripheral Neuropathy: Improving pain management**

Sonia Khalbous – Tunisia

- **Management approach to thrombosis and thrombocytopenia**

Sameh Sayhi – Tunisia

3:45 pm – 4:30 pm

Satellite Symposium : Boehringer

Chairpersons :

M. Smiti, E. Cherif

- **Systemic sclerosis-associated interstitial lung disease: When and how to use antifibrotic agents ?**

Neirouz Ghannouchi – Tunisia

4:30 pm–5:00 pm

Coffee break & Exhibition booth visit

5:00 pm–6:00 pm

Young Internists Session

- **Artificial intelligence in internal medicine: Are we still needed?**

Rime Lemouaden (Morocco), Wafa Letifi (Tunisia)

- **Challenges in daily practice in the hospital as a Young Internist across the mediterranean : Results of a regional survey**

Youmna Abdallah (Lebanon), Gabriele Angelo Vassallo (Italy)

6:00 pm – 7:00 pm

Opening ceremony – Inaugural conference

Tunisia: A Regional Hub for Two Millenia, with its Expansions and Contractions/Contradictions

Youssef Cherif – Tunisia

8:30 pm

Congress Dinner

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Saturday, June 01st, 2024

Session 5

08:45 am–09:30 am Oral communications

Chairpersons :

Room: El Bey 1
S. Daada, Z. Meddeb
OC11 – OC15

Room: El Bey 2
I. Kechaou, F. Derbali
OC16 – OC20

09:30 am–11:00 am Lectures
Autoinflammatory Diseases

Chairpersons :

K. Ben Abdelghani, M. Abdallah, Y. Kitouni, P. Portincasa

- **Immuno-modulation and autoinflammatory diseases**
Emanuele Bizzi
Italy

- **Classification and specificity of autoinflammatory diseases in the Mediterranean region**
Sophie Georgan Laviale
France

- **Update on the management of Familial Mediterranean Fever (FMF)**
Faten Frikha
Tunisia

11:00 am–11:30 am Coffee break & Exhibition booth visit

11:30 am–12:15 pm Satellite Symposium : Astrazeneca

Chairpersons :

S. Bellakhal, F. Daoud

- **How to optimize the management of T2D ?**
Faïda Ajili

12:15 pm–1:45 pm Lectures
Mediterranean Diet and Autoimmunity

Chairpersons :

F. Ben Fredj, A. Tebaibia, S. Georgan Laviale, A. Fathi

- **Eating for oneself or for one's immune system (Role of diet in autoimmune diseases)**
Piero Portincasa
Italia

- **Vitamin D : Autoimmunity and Mediterranean Diet**
Tony El Murr
Lebanon

- **New pharmacological treatments for obesity**
Mona Ahmed Amin
Egypt

1:45 pm–2:30 pm Closing Ceremony and Prize Announcements
Bassem Louzir's Prize